



INVISIBLE

STARTING IN A FEW MINUTES AT 15:30

Invisible: Exploring Fathers' Mental Health



17 July 2025

#iHVInsights

www.ihv.org.uk



Invisible: Exploring Fathers' Mental Health

17 July 2025

#ihvInsights

www.ihv.org.uk

Welcome



Make the most of the opportunity



Enjoy the whole hour



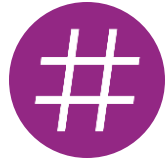
Ask - type your questions to the panel as you think of them during the presentations – use the Q&A function:

- **Name of presenter** you would like to answer your question
- Brief **question**
- **Your name** (if you wish to do so)



Feedback

Participate in the poll or contact us at events@ihv.org.uk



Social media - #iHVInsights



Continue your CPD:

- Access recording of live session after the event on our website (no recording on other devices is allowed)
- Attendance at this event and engagement with the iHV reflection template will support you with demonstrating CPD activities that align to the 2022 NMC Standards of Proficiency for SCPHN Health Visiting.

The Institute of Health Visiting is a charity and centre of excellence for health visiting. Its core purpose is:
To improve outcomes for children and families and reduce health inequalities through strengthened health visiting services

Agenda



Welcome

- Vicky Gilroy - Director of Innovation and Research, iHV

Guest Speaker

- Dr Sharin Baldwin - Senior Health Visitor Research Lead, iHV/MECSH
- Chris Godwin - Founder & Creative Director, Inner Eye Productions

Film

- Invisible

Q&A with Speakers

Close and Evaluation

Next speaker



Dr Sharin Baldwin

Senior Health Visitor Research Lead, iHV/MECSH

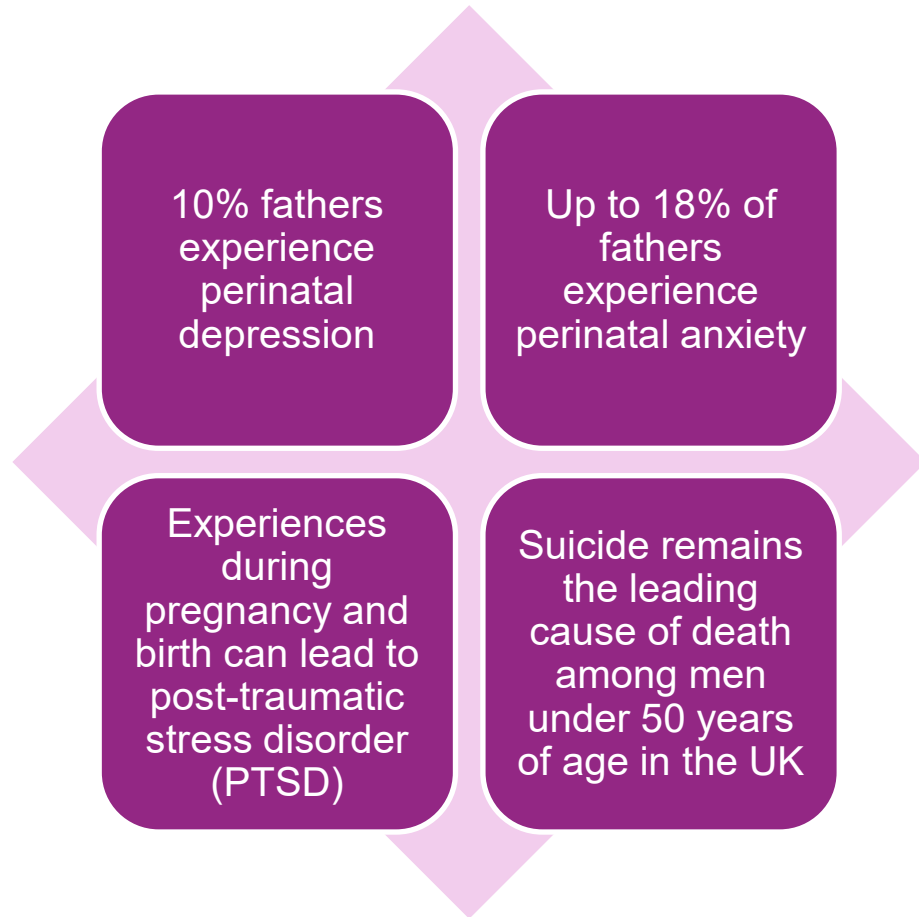


Type your questions as you think of them during the presentations

Use the Zoom Q&A function

- **Name of presenter** you would like to answer your question
- **Brief question**
- **Your name** (if you wish to do so)

Men's Mental Health in the Perinatal Period



New Dad Study

NEST's research aims to improve support for the mental health and wellbeing of new fathers in the UK. You may find the links to additional resources and helplines useful in the resources section.

[CLICK HERE](#)



**INNER
EYE**

PERCEPTION
BEYOND
SIGHT



The Film

Next speaker



Chris Godwin

Founder & Creative Director,
Inner Eye Productions



Type your questions as you think of them during the presentations

Use the Zoom Q&A function

- **Name of presenter** you would like to answer your question
- **Brief question**
- **Your name** (if you wish to do so)

Film: Invisible



Please use this link for the full Invisible film on our Vimeo platform: <https://vimeo.com/1088720776/a94fa80be9>

Please use this link for the full Invisible film on our YouTube platform: <https://youtu.be/BdJbZTSGeek>

#iHVInsights

Invisible: Exploring Fathers' Mental Health



We will aim to answer as many questions as possible during the live session.

Use the Zoom Q&A function

- **Name of presenter** you would like to answer your question
- Brief **question**
- **Your name** (if you wish to do so)

Invisible Feedback



We are evaluating the impact of the film and would really value your feedback.



Thank you so much for joining us



Contact us

About us

Log in

Covid-19

iHV Learn



Our work Health Visitors Families Training & Events News & Views Membership Support us



Watch #ShapingUs - The Princess of Wales spotlights the vital role of Health Visitors



Continue your CPD!

After this event you will be able to access the following resources on the iHV website:

- A recording of this live session (no recording on other devices is allowed)
- This slide set
- Links and background reading
- A link to download a Record of Attendance & reflection template

Log in at www.ihv.org.uk and head to the Insights page

#iHVInsights

Invisible: Exploring Fathers' Mental Health

Over to you!



Help us to tailor our events to meet **your** needs!

- Submit your anonymised responses to the poll
- What more can we do to support you in your practice?
- Email events@ihv.org.uk with any suggestions



THANK YOU

Become a Member Today

stay updated, keep learning and connect

Participate in UK-wide developments and specialist working groups

Get evidence-based education on a variety of topics

Exclusive access to our iHV Insights webinars

Discounts on iHV events and conferences



Get the latest news, evidence, reports, briefings for the world of Health Visiting

Join our virtual Networking Events and connect with others

Discounts on our bespoke training packages

Library of Good Practice Points to support and develop your practice



SCAN THE QR CODE OR GO TO WWW.IHV.ORG.UK/JOIN-US

Future iHV Member Benefit Event Dates



TOPIC	DATE
Retired Member Networking Event	6 August 2025
iHV Insights Infant Feeding: A call to action!	21 August 2025
Research Network Event	3 September 2025

All future dates can
be found at:
bit.ly/4enHn2H



Fathers and Perinatal Mental Health Champions Training



1 day programme



Suitable for a multi-agency audience



Special reduced rate for iHV members



Email:
training@ihv.org.uk
to register your interest



Next event:
14th October 2025



This programme is co-delivered with DadMatters UK and includes the voices of those with lived experience.

It equips Champions to:

- Enhance knowledge and skills to identify and support fathers experiencing perinatal mental health difficulties
- Understand the unique challenges father face in the perinatal period and the impact on family wellbeing
- Influence and improve practice locally

Join us again!



bit.ly/iHVEvents



Infant Feeding: Evidence into action

21 August 2025 - 15:30-16:30

#iHVInsights

www.ihv.org.uk



Leading Health Visiting: Creating the Future

Wednesday 3 December 2025 | The King's Fund, London



iHV Leadership Conference



Hybrid Conference