



iHV Annual Report 2022 - 2023

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Alison Morton

CEO Institute of Health Visiting

“As we look to the year ahead, with your support, we will continue to advocate for robust health visiting services across the UK – we agree with UNICEF UK, they truly are the ‘backbone of the early years, a safety-net for all families’.”

It is an honour and a privilege to serve as CEO of this fantastic charity and centre of excellence for health visiting, especially at such a crucial time for the profession and the families they support. This year’s annual report showcases the breadth of iHV activities as our organisation’s portfolio continues to expand in all areas of our work.

We have been delighted to welcome more individual and corporate members to our growing community over the last year and are extremely thankful for the support of every one of our members. We are constantly reviewing and improving our member opportunities and encourage everyone to join in our range of initiatives in 2024 - with thriving Networking Events, popular iHV Insights webinars, Special Interest Groups, forums and evidence-based resources.

Thanks to the support of our members, and the generosity of our grant funders, partners and parents who are experts by experience, we have been able to increase our policy influence and deliver more education, training, research and projects than ever before! We have also supported quality improvements in practice through our programmes, including leadership development and sector-led improvement work.

During the last year, babies, young children and families continued to face the cumulative impacts of the pandemic and ongoing cost-of-living crisis. Our important annual survey findings shone a spotlight on these issues. More families are struggling, children are falling behind with their development, the scale of vulnerability is increasing, and health inequalities are widening. In this context, I am especially proud of the work that health visiting has achieved, despite the enormous workforce and funding challenges in some areas. Over the last year, they have supported hundreds of thousands of families with babies and young children across the UK. We know that this has made an incredible difference to so many and we will keep advocating for change to ensure that **all families** get the support that they need.

We are indebted to Her Royal Highness The Princess of Wales and The Royal Foundation Centre for Early Childhood for the support that they have given to raising the profile of health visiting in recent years. The Princess is a committed and powerful advocate for babies, young children and families and has observed firsthand the work of health visitors through the numerous shadowing opportunities that we helped to arrange this year. The launch of the Centre’s short film on health visiting, in June, provided a real boost to the profession across the UK.

We have been delighted with the growing support for health visiting from across the sector. Prevention and public health are now at the heart of the Chief Nursing Officer’s new Vision for nursing and midwifery, alongside Dame Ruth’s pledge to rebuild our vital profession. The distinct needs of babies have been increasingly recognised across government and political parties- it really does feel like the tide is finally turning and there is much to celebrate as we end the year in a stronger position.

My sincerest thanks to both of our Chairs who shared the role at the helm of the organisation this year - Pamela Goldberg OBE and Susan Tokley - and our Board of Trustees who have been so supportive during this year of transition. I am also thankful for the fabulous people who make up ‘Team iHV’ and translate our vision into reality. As we look to the year ahead, with your support, we will continue to advocate for robust health visiting services across the UK – we agree with UNICEF UK, they truly are the **‘backbone of the early years, a safety-net for all families’**.

Alison Morton
iHV CEO

Susan Tokley

Chair Institute of Health Visiting

“I would like to thank every health visitor in the UK for what they are doing to support children and families, often in challenging circumstances to improve health outcomes”.



Having joined iHV as Chair, only in July this year, I have been so impressed with the impact that the Institute has had over 2022/2023 in raising the profile of health visiting and the importance of the role of the health visitor in improving child health and reducing health inequalities.

I am delighted to have joined the organisation at such a pivotal time for the iHV. I aim to collaboratively support the Trustees in their important strategic role and CEO Alison Morton and her very talented operational team in delivering the organisation’s strategic objectives. The need to continue to influence policy around improving child health and the importance of investing in a strengthened health visiting workforce in delivering improved health outcomes for future generations is vitally important for the future health of all children.

Families and children have never needed health visitors more than now - within a picture of widening health inequalities and the poor state of child health, further impacted by the cost-of-living crisis and diminishing support from some areas of statutory services. A number of recent reports have highlighted the worsening situation.

The fourth Joseph Rowntree study in the Destitution in the UK series reveals approximately 3.8 million people experienced destitution in 2022, including around one million children. This is almost two-and-a-half times the number of people in 2017, and nearly triple the number of children. There is an urgent need for action to tackle destitution across the UK and health visitors see its devastating impact on families firsthand.

The latest Child Death Review data showed a significant increase in child deaths and deaths during the perinatal period. This is an area where we need to improve support for families. And health visitors have a vital role to play in tackling these inequalities.

It is also concerning that recent data from the Office for Health Improvement and Disparities reported that more than a fifth of two-year-olds in England were not

at or above the expected level, across all five areas of development in 2022/23- with rates falling further and inequalities widening every year. Again, another area where health visitors play a key part in supporting families and identifying and addressing developmental needs.

I would like to thank every health visitor in the UK for what they are doing to support children and families, often in challenging circumstances to improve health outcomes. I know your input is really valued by families and other health and social care professionals. We have so many examples on our website of the fantastic work that health visitors are leading – captured in case studies, conference presentations, research, as well as iHV films this year. You are all really making a difference to families with babies and young children.

The iHV team has worked incredibly hard this year - creating a wide range of supportive and inclusive education, training and networking opportunities for members and continues to seek feedback to further develop these. The iHV collaborative research agenda continues to grow and as does its policy agenda and influence, gaining new seats at the table with a number of influential groups and getting the iHV voice even more widely heard. I warmly thank the whole team for everything that they have done, so admirably led by Alison Morton CEO.

Last but not least, we welcomed two new faces to the Board of Trustees - Professor Mitch Blair and Dr Michael Fanner. We also saw Dr Sharin Baldwin take on a substantive role in the iHV and step down from her Trustee role. Finally, I would like to thank all of the past and present Trustees for their valuable input and unstinting support to the iHV over the last year.

Susan Tokley
iHV Chair

About the Institute of Health Visiting

The Institute of Health Visiting (iHV) is an independent charity, professional body and centre of excellence for health visiting. Within the 11 years since the iHV was founded, we have become established as a respected source of evidence, insight and support to strengthen the quality and consistency of health visiting for the benefit of all babies, children, families and communities.

The iHV published a Vision for Health Visiting in 2019 which requires health visiting to play its fullest part within an integrated system to reduce health inequalities that arise in childhood and for our children to achieve health outcomes on a par with the best in the world.


We are also successfully establishing our profile and reach beyond the iHV's core audience of health visiting to local authorities, wider NHS partners, early years and third sector organisations, research collaborations and charitable trusts.

We believe that:


- Improving public health outcomes for babies, children, families and communities is at the heart of health visiting practice
- When appropriately resourced, health visiting provides a vital infrastructure of support that is central to improving public health outcomes and to reducing inequalities in health
- Ensuring the highest standards of education, research and practice means that health visitors can deliver a world-class service
- Health visiting leaders flourish in an environment of academic and professional excellence

Our Strategic priorities


Our work spans the breadth of health visiting policy, practice, education, training and research, giving us a unique understanding of the strategic context for health visiting now and in the future. Within this, we focus our resources where we think we can make the biggest impact. Our current business plan identified four key priorities for our work (what we do):




Influence policy to improve health, reduce inequalities and strengthen health visiting



Build professional skills and knowledge to enhance health visiting workforce capability and leadership development




Support quality improvement in health visiting




Support our members and meet their needs

How we work in a changing world:

We have a further four priorities to ensure robust governance within our organisation (how we do it):




Make the iHV a great place to work and develop



Good governance, infrastructure, financial and quality management



Equity, diversity and inclusion



Environmental and sustainability

Influencing policies affecting health

Influencing policies affecting health remains at the heart of health visiting and the work of the iHV.

We focus our efforts on the areas where we think we can make the biggest difference, with the aim to:

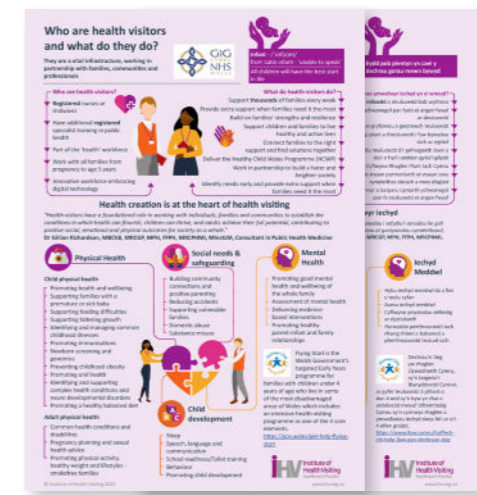
- Raise the profile of health visiting and the importance of investing in the earliest years of life
- Increase decision-makers' understanding of the value of health visiting across the health, education and social care system
- Influence UK policy, encouraging long-term thinking to tackle the greatest threats to our nation's health – to change the story, we need to change the beginning of the story
- Share frontline practitioners' intelligence of the realities of family life in the UK that is often hidden behind front doors and invisible to other services
- Highlight the current postcode lottery of health visiting support and its impacts on babies, children and families

We have achieved this using a variety of methods, including:

- Engagement in strategic national meetings with policymakers - including the Maternity Disparities Taskforce, CNO England's Strategy for Nursing and Midwifery, National Safeguarding Steering Group, and the Children and Young People's Stakeholder Council
- Evidence submissions for government consultations, inquiries and parliamentary debates - including a witness statement for Module 3 of the COVID-19 Inquiry
- iHV presentations at All Party Parliamentary Groups, national and international conferences
- iHV publications – case studies, policy briefings, survey reports and infographics
- iHV film production
- National media coverage, including television and high-profile print media
- iHV social media presence
- Working with partner organisations and charities to maximise impact

iHV infographics - 'who are health visitors and what do they do?' are now complete for all 4 nations!

We have collaborated with Wales and Northern Ireland this year and we are delighted to share their infographics:



Wales
[Read Wales Infographic in Welsh](#)
[Read Wales Infographic in English](#)



Northern Ireland
[Read Northern Ireland Infographic](#)

Policy achievements

Here are a few of our policy achievements over the last 12 months:

- December 22**

 - iHV launches [‘Health visiting in your community’](#) and [‘Voices from practice’](#) films to raise the profile of health visiting
 - iHV CEO involved in Healthy Child Healthy Future update, Northern Ireland
- January 23**

 - iHV submits [written response to the Hewitt Review](#) of integrated care systems
 - iHV publishes [‘State of health visiting, UK survey report’](#) which paints a bleak picture for babies and young children with increased levels of poverty and shortage of health visitors
 - iHV CEO interviewed by Channel 5 and BBC radio – extensive print media coverage of iHV survey
- February 23**

 - iHV submits [response](#) to Health and Social Care Select Committee’s Prevention inquiry
 - iHV attends Government Non Statutory Information Sharing guidance for safeguarding practitioners workshop
- March 23**

 - iHV CEO [presents](#) at the All Party Parliamentary Group (APPG) for Conception to Age Two meeting
 - iHV and SAPHNA write to Public Health Minister in advance of spring budget
 - iHV supports Scottish Government [‘Infant Pledge’](#)
 - iHV joins [consensus statement](#) calling for action on children’s oral health
- April 23**

 - iHV [podcast](#) ‘Standing next to the weighing scales’ on the purpose of health visitor clinics
 - iHV CEO attends Maternity Disparities Taskforce meeting co-chaired by Health Minister Maria Caulfield MP to improve pregnancy outcomes
- May 23**

 - iHV submits [evidence](#) to Lords Select Committee: Integration of Primary and Community Care
 - iHV submits [response](#) to the Children’s social care strategy: Stable Homes, Built on Love
 - iHV CEO attends launch of the Labour Party’s Health Mission and welcomes pledge to train 5,000 more health visitors
 - iHV CEO joins CNO Strategy Stakeholder Forum and Strategy Group for Health Equity.
- June 23**

 - iHV [responds](#) to OHID publication of Schedule of Interventions for Healthy Child Programme in England
 - iHV submits [written evidence](#) for the Major Conditions Strategy
 - iHV joins former ministers and UK health experts calling for a new [‘Covenant for Better Health’](#)
- July 23**

 - iHV signs UNICEF UK [letter](#) which calls for a National Baby and Toddler Guarantee
 - iHV [responds](#) to the government’s NHS Long Term Workforce Plan
 - iHV CEO writes to Public Health Minister on key role of health visiting to address public health priorities
 - iHV marks the 75th birthday of the NHS and is [featured](#) in Nursing in Practice
- August 23**

 - iHV CEO gives exclusive interviews to Nursing in Practice on the NHS Long Term Workforce plan and a ‘national blueprint’ for children’s health
 - iHV hosts Working Together Safeguarding Roundtable Event to consider proposed changes to the statutory guidance
 - iHV CEO submits draft witness evidence for the UK COVID-19 Inquiry Module 3
- September 23**

 - iHV submits written [response](#) to “Working Together to Safeguard Children” consultation
 - iHV Policy and Quality Lead and health visitors in Dorset on BBC Southwest [news](#) feature on health visiting
- October 23**

 - iHV joins National Safeguarding Steering Group
 - iHV film ‘Health Visiting in your community’ featured in NHS Confederation’s Celebrating Community Services Week
 - iHV CEO joins smokefree legislation roundtable with Minister, Neil O’Brien, and CMO Professor Sir Chris Whitty
 - iHV CEO [interview](#) by LGA to mark 10th anniversary of transfer of public health to local government
- November 23**

 - iHV attends Race and Health Observatory Neonatal roundtable
 - iHV CEO attends Royal Foundation Centre for Early Childhood National Symposium “Shaping Us”
 - iHV CEO attends CNO summit and joins panel on health equity

Shaping Us – The Princess of Wales recognises and celebrates health visiting

This year, it has been an honour and privilege to support the work of Her Royal Highness The Princess of Wales and The Royal Foundation’s Centre for Early Childhood. At the start of the year, Alison Morton iHV CEO, attended the launch of the Centre’s “Shaping Us” campaign which aims to increase public understanding of the crucial importance of the first five years of life. The Prince and Princess of Wales hosted the event at BAFTA in London and were joined by dignitaries and representatives from a range of organisations working in the earliest years from across the UK.

Health visiting film with footage of The Princess of Wales shadowing health visitors

The Princess was keen to see firsthand the important work of health visitors. The iHV worked with The Centre for Early Childhood to arrange shadowing visits with health visitors from Homerton Healthcare NHS Foundation Trust in London and South Warwickshire NHS Foundation Trust in Nuneaton.

During the shadowing visits, The Princess met with health visitors and discussed the scope and breadth of their work. The Princess also observed clinic appointments and home visits with families who spoke about the difference that their health visitor had made to them.

In June, Kensington Palace released a fabulous new [film](#) which incorporated footage from these visits to improve public understanding of the role of health visitors in shaping our earliest years. The film achieved global coverage of our fabulous profession! We are hugely grateful to all the families, health visitors and service leads that made these exciting visits possible – it was definitely a ‘highlight of the year’ for everyone involved!

“
Families need support, like we’ve seen today, more than ever. And it’s so important that we recognise and celebrate this amazing role that health visitors play up and down the country.
Her Royal Highness The Princess of Wales



The Princess of Wales meets health visitors taking part in study funded by The Centre for Early Childhood

The Centre for Early Childhood has provided funding for a study that will trial the use of the Alarm Distress Baby Scale (ADBB), by health visitors in England, to assess how babies are interacting with the world around them. The study is being run in partnership with the iHV and the University of Oxford - and is being carried out at the South Warwickshire NHS Foundation Trust and Humber Teaching NHS Foundation Trust.

On 15 June 2023, health visitors taking part in the study were delighted to meet The Princess of Wales during her visit to the study site in Nuneaton. The group discussed the importance of the health visitors’ role in promoting infant wellbeing and social development, and how the ADBB training has enhanced their observational skills to better identify infants that may require additional support.

Results from the study will be published early in the new year - watch this space!

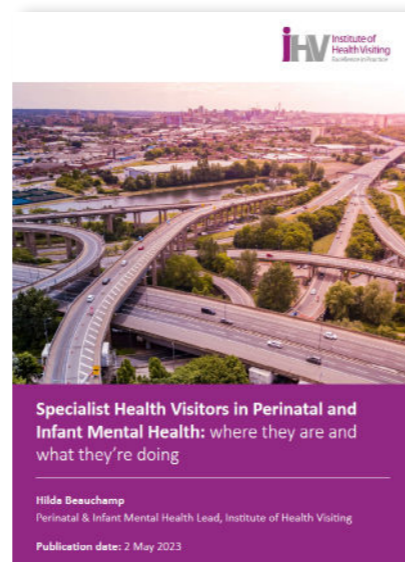


Our work in mental health

We're all familiar with the mantra 'no health without mental health'. At the iHV, we really mean it. The promotion of good family emotional health and wellbeing is woven throughout all our workstreams, supporting our fundamental vision for every child to have the best start in life. Having a dedicated mental health team enables us to maintain a sharp focus on this key public health priority.

In 2023, in relation to all things perinatal and infant mental health (PIMH), we have offered:

- Training of the highest quality delivered to multi-agency audiences in all UK nations, facilitated by knowledgeable and experienced practitioners, consultant trainers and parent experts by experience, including a new programme addressing the perinatal mental health needs of people who identify as LGBTQI+
- Our first international multi-agency PIMH Champions training in Lisbon, Portugal
- Quarterly PIMH Champion Forums and Bulletins
- Research collaborations including a feasibility study on the use of the Alarm Distress Baby Scale (ADBB), funded by The Royal Foundation (RF)
- Expert advice to steering and advisory groups including: the Maternal Mental Health Alliance (MMHA); MAMAH Project on migrant health; PEDAL Healthy Start, Happy Start Project; BEAMs Project; PMH Competency Framework Refresh
- Policy and guidance contributions to: GP Postnatal Check; Major Conditions Strategy; SIGN (Scotland); RCPsych Infant and Early Childhood Mental Health; AiMH Best Practice Guidance on Inconsolable Crying; UNICEF UK-PEDAL Early Mental Health toolkit
- Publication of iHV Report "Specialist Health Visitors in Perinatal and Infant Mental Health: where they are and what they're doing"
- Our 5th Annual PIMH conference in June - a huge success, with 180 people joining us in person in Manchester and a further 150 delegates joining online
- Campaign support to MMHA #MakeAllCareCount and RF #ShapingUs
- Input to Advanced Clinical Practice credentials for PIMH workstream
- Presentations at national conferences and events such as iHV EBP and Leadership conferences, NSPCC, CYP Now, and Semente conference, Lisbon
- iHV Insights event, "Supporting infant regulation: a relational approach" on 18 October 2023
- Ongoing support for Specialist Health Visitors PIMH, including 3 virtual meetings this year.
- Regular spotlights on the HV role in PIMH via iHV News Stories, Voices blogs, social media, and supporting statements for partner agency reports and publications



Read [here](#).



Back in person! PIMH Multi-Agency Training in Anglesey, May

Focus on Forums

The national and international iHV PIMH Champions 'family' now stands at **4,500**. Our Forums support and maintain the motivation, confidence and competence of iHV PIMH Champions, maximising opportunities for families to receive the best possible support. Our jam-packed forums in 2023, open to all Champions, included:

- Updates from all UK nations around new research, policy and service developments
- Moving and inspirational lived experience accounts from some amazing parents including Chrissy Brown, Helena Barrett-Duncan and Michelle Bradley *'Your work is incredible Chrissy... Thanks for reminding us what we're here to be and do'*
- Guest lectures from a range of perinatal experts and researchers including: Dr Kerrie Stevenson on the MAMAH project exploring perinatal care for migrant women; Dr Abigail Easter on Implementing maternal mental health services for women experiencing traumatic births, perinatal loss and bereavement; Dr Billie Lever-Taylor on 'Mothers on the margins: exploring the needs of mothers treated for severe postnatal mental health difficulties with child protection involvement'; and Professor Anna Tarrant on 'Co-creating perinatal mental health films with and for young fathers to promote father-inclusion'
- Networking discussions relating to the challenges and opportunities for establishing the Champion role, cascading PIMH training, and addressing family mental health needs.

Interested in joining us?

Contact iHV Training team at training@ihv.org.uk for details of our PIMH Champion Training Programme in 2024.



With the Semente Team, Portugal

Au Revoir

September saw us saying a sad goodbye to iHV Head of Mental Health, Melita, whose legendary passion and energy to bring people together, galvanise hope and lead by example has driven so much change in the PIMH world. She leaves a lasting legacy, not least in establishing the credibility and high-regard of the iHV, and ensuring PIMH was kept on every agenda to which she had access! We wish her every success in her new ventures.



Projects and Evaluation

This has been another productive year for iHV Projects and Evaluation. As always, the key to the successful delivery of all our projects has been member engagement and our focus on: collaboration and partnership with experts in their field; a flexible and adaptable approach; and keeping co-production at the heart of our work.

We continue to work with a significant number of stakeholders. We thank them all for their continued support in the development of our training, toolkits and resources to support best practice.

Summary of key projects in 2023

Supporting parental awareness of respiratory illness in babies and children

Funded by the NHS Health and Wellbeing Fund, we worked with partners to co-produce resources to raise health visitors' and parents' awareness of minor illnesses in babies and children:

- A series of webinars for health visitors.
- A suite of short guides on 'when to worry' available in a range of formats, including translated resources and easy read, learning disability accessible resources.
- A set of films on 'when to worry' - the English versions feature TV star Dr Ranj, and also films in five languages.
- An animation on 'when to worry' about Strep A and Scarlet Fever.

The role of health visitors in genomics

With continued support from the Genomics England Education Programme, we are building on our previous work in genomics with a workforce development plan for health visitors to increase their knowledge and confidence in genomics and working with families.

Urgent Care Project for children 0-4 years

The iHV has been supported by Kindred Squared to complete a rapid review of the changing trend of Emergency Department presentations for children aged 0-4 years. The review also considers the role of health visiting services in the management of minor illnesses and explores how this has changed over time. A thematic policy report, infographics and short film will be published soon!

Healthy Weight and Healthy Nutrition (HWHN)

We are delighted to have been granted a further three years support from The AIM Foundation. We aim to focus on further development of the current Champion and Ambassador HWHN programmes, including developing resources to promote physical activity. We continue to offer our regular HWHN newsletters and update sessions.

Working in partnership with families - Let's talk heart health

The Burdett Trust for Nursing has funded the iHV to develop an adapted version of the Family Partnership Model and blended programme of learning to support health visitors in their work with families with complex and multiple needs. The project focuses specifically on the modifiable risk factors for cardiovascular disease (smoking, alcohol consumption, physical inactivity and unhealthy diets) to reduce CVD risk, but the key principles can be applied to many other areas of health visiting practice.

We have successfully completed this programme and are in the process of evaluating it. Please keep an eye out for our full report next year and our future plans for this new training programme.

Pan-London Project Work

NHS England's Workforce Training and Education Directorate commissioned iHV to lead on the following projects:

- Student SCPHN recruitment pathway review and development
- Audit to review the 'state of learning' for health visiting and school nursing practitioners within London. The findings will be presented and disseminated in April 2024.

Co-production of Key Performance Indicators

We are delighted to be working with a London Borough to co-produce a set of KPIs to meaningfully capture the 0-19 service offer. This involves collaboration with a range of stakeholders including families, children and young people, health visiting and school nursing teams, and representatives from the local authority, including commissioners. We hope to share the findings from this project in the spring of 2024.

Research

The iHV is actively engaged in research and supports health visiting research in a number of ways. We continue to see an increase in the number of academic organisations approaching the iHV for consultancy support for a range of research studies linked to health visiting. The iHV is now the 'go to' partner for many programmes of child and family public health research. We are also developing opportunities to build health visiting research capacity and support for aspiring health visitor researchers.

We are delighted to have seen growth in health visiting research this year. Here are just a few examples of studies that the iHV is involved in:



NIHR Surviving Crying Study

The iHV is a co-applicant on this NIHR-funded HTA cluster randomised controlled trial of a service to support the mental health and coping of parents with excessively crying infants. This study is now progressing well and sites are up and running.

NIHR Baby Breathe Study

This NIHR multi-centre randomised control trial led by the University of East Anglia is progressing well. The iHV is a partner leading the North East trial site. The study aims to offer a health visitor-led intervention and compare this to usual care to prevent postpartum relapse of smoking. The study is moving into its final year with recruitment now completed. We look forward to sharing the outcomes.

NIHR Clinical Research Network - Yorkshire and Humber

The iHV are collaborators on this project which aims to create a programme to support individual practitioners to develop as 0-19 Research Champions, with a lead role in establishing new local Communities of Research Practice. The project will evaluate the current Yorkshire and Humber 0-19 Research Network alongside the new programme with the aim of sharing learning nationally.

The Community of Research Practice were finalists for the 2023 Nursing Times Awards in Public Health and Research.



Stockton Perinatal Support Service Evaluation

The iHV was commissioned to lead an evaluation of this service to consider the impact on service users' mental health and overall wellbeing, and inform future development. The evaluation can be viewed on the iHV website.



iHV Research Development and, new for 2023, Research Networking Events

The iHV has been working with colleagues from NIHR and SAPHNA to build capacity and strengthen engagement in SCPHN research nationally. We held two Research Networking events in 2023 and they will continue in 2024.

The iHV also provides consultancy support to research studies, including:

- *Health Visiting and Adverse Childhood Experiences - University College London*
- *Evaluation of the 0-5 Public Health Investment in England: a mixed methods study - University College London*
- *Measuring child development at the 2-2½ year review in England: review of available tools, stakeholder priorities and learning to support successful implementation of a tool for routine health care use - University College London*
- *Realist Review: Health visiting in light of the Covid-19 pandemic experience (RReHOPE) - University of Stirling*

Highlights of the year

- Dec 2022**
 - iHV launches 'Health Visiting in your Community' and 'Voices from practice' films
 - iHV holds Annual Leadership Conference, 'Translating Vision into Reality', London
 - iHV celebrates 10th Anniversary
 - iHV publishes 'ABC of Skill Mix in Health Visiting'
 - Sally Hogg receives iHV Honorary Fellow Award
 - iHV launches iHV Podcasts – first episode on the 'Nanny State' with Greg Fell, now ADPH President
- Feb 2023**
 - iHV submits response to Health and Social Care Select Committee's Prevention Inquiry
 - iHV leads HEE-funded project to address SCPHN student recruitment challenges in London
 - iHV Insights webinar on 'Raising awareness of Group A Streptococcus and childhood influenza infections'
 - iHV publishes Mental Health Team Report
 - Launch of new iHV infographic to support Welsh health visiting
 - iHV launches two new Networking events for Research and Retired members
- Apr 2023**
 - iHV Policy and Quality Lead presents with NSPCC at First 1001 Days Network webinar
 - iHV podcast 'Standing next to the weighing scales' with Dilys Daws
 - iHV CEO attends Maternity Disparities Taskforce
 - Highest attendance at iHV Insights webinar 'The problem with poo'
 - Updated iHV resources for #WorldImmunisationWeek
 - iHV Podcast with Dr Sanjay Patel on recognition of illness in babies/children with black or brown skin
 - iHV hosts UK study tour with health visitors from Norway at RCPCH
- Jun 2023**
 - HRH The Princess of Wales launches new film to shine a spotlight on health visiting
 - iHV awarded infant mental health research grant funding from The Royal Foundation Centre for Early Childhood
 - Health visitors in Hull on BBC The One Show discussing The Royal Foundation funded iHV project
 - iHV Perinatal and Infant Mental Health conference in Manchester
 - iHV submits response to Major Conditions Strategy consultation
 - iHV Education Lead hosts study tour for Prof Masako Kageyama from Osaka University, Japan
 - iHV supports #GenomicsConversation
- Aug 2023**
 - iHV announces Leonie Grundy as winner of the first iHV Student SCPHN award
 - iHV Head of Training joins Round Table on Sudden Unexplained Death in Childhood
 - iHV CEO submits witness statement to COVID-19 Inquiry
 - iHV awarded 3-year grant funding by The AIM Foundation for 'Healthy Weight Healthy Nutrition' programme
 - iHV joins the Council of the British Association of Community and Child Health
 - iHV Insights- SCPHN students: preceptorship and beyond
- Oct 2023**
 - SCPHN Student health visitor Networking event relaunched
 - 0-19 Community of Research Practice finalists for Nursing Times Awards
 - iHV welcomes Professor Mitch Blair and Dr Michael Fanner to the Board of Trustees
 - 'This Mum Moves' Ambassador Network event
 - iHV joins National Safeguarding Steering Group
 - Launch of iHV SEND Special Interest Group
 - iHV film in NHS Confederation #CelebratingCommunityServicesWeek
 - iHV CEO interview in LGA 10th anniversary series marking transfer of public health to local government

| Dec 2022 | Jan 2023 | Feb 2023 | Mar 2023 | Apr 2023 | May 2023 | Jun 2023 | Jul 2023 | Aug 2023 | Sep 2023 | Oct 2023 | Nov 2023 |
|--|--|---|---|---|--|--|--|---|---|---|----------|
| iHV submits response to Hewitt Review consultation on Integrated Care Systems | iHV CEO presents at APPG for Conception to Age 2 | iHV and MMHA publish new resource to support high quality perinatal mental health (PMH) care | iHV publishes Specialist Health Visitors in PIMH report | iHV supports UNICEF-UK call for a 'Baby and Toddler Guarantee' | iHV publishes Good Practice Points and Parent Tips, including Postpartum psychosis | Susan Tokley appointed as new iHV Chair | Childhood immunisations news story by Professor Helen Bedford, iHV Trustee | iHV attends Race and Health Observatory Neonatal Report Roundtable | iHV submits response to DfE Working Together to Safeguard Children consultation | iHV CEO joins panel on health equity at CNO Summit | |
| iHV publishes annual 'State of Health Visiting – UK survey report' | iHV and SAPHNA write letter to Minister in advance of Spring Budget | iHV signs consensus statement on oral health and publishes updated Parent Tip - Looking after your children's teeth | iHV submits response to the Lords Select Committee on Integration of Primary and Community Care | 0-19 Community of Research Practice wins prestigious NIHR award | iHV submits response to the Children's social care strategy | Professor Dame Sarah Cowley DBE selected as one of 75 nurses in NHS 75 celebrations by Nursing Times | iHV submits response to DfE Working Together to Safeguard Children consultation | iHV CEO attends Royal Foundation National #ShapingUs Symposium in London | iHV supports National Breastfeeding Week | iHV CEO attends Royal Foundation National #ShapingUs Symposium in London | |
| iHV CEO interviewed by Channel 5 and BBC radio – extensive print media coverage of iHV survey | iHV supports World Autism Acceptance week and publishes blog by iHV Senior Programme Manager | iHV joins celebration with EU PATH project partners as 4-year European project ends | iHV submits response to the Labour Party Health Mission | Professsor Dame Sarah Cowley DBE selected as one of 75 nurses in NHS 75 celebrations by Nursing Times | iHV CEO attends launch of Labour Party Health Mission | Professor Dame Sarah Cowley DBE selected as one of 75 nurses in NHS 75 celebrations by Nursing Times | iHV Evidence-based Practice 'Hope for the Future' conference in Manchester | iHV MH Lead keynote presentation at Gulbenkian Foundation PIMH conference in Portugal | iHV Policy and Quality Lead on BBC South West news | iHV MH Lead keynote presentation at Gulbenkian Foundation PIMH conference in Portugal | |
| iHV CEO attends launch of The Princess of Wales 'Shaping Us' campaign at BAFTA | iHV joins celebration with EU PATH project partners as 4-year European project ends | iHV launches NHSE-funded project to raise awareness of Strep A and flu | iHV publishes pan-London report - Recruiting student SCPHNs in London: a roadmap to success | UK working group meeting on Advanced Practice and HV | iHV CEO writes to the Minister Neil O'Brien on health visiting | UK working group meeting on Advanced Practice and HV | iHV supports National Breastfeeding Week | iHV Research Networking event | iHV Head of Projects and Evaluation keynote presentation at British Association for Community Child Health conference | Inaugural meeting of iHV SEND Special Interest Group | |
| iHV co-facilitates national roundtable meeting on regulatory reform and SCPHN part 3 of NMC register | iHV launches NHSE-funded project to raise awareness of Strep A and flu | iHV PIMH Champions training delivered in Portugal | iHV CEO joins CNO Strategy Stakeholder Forum and Strategy Group for Health Equity | iHV partnership with Western Sydney University to lead review of MECOSH-UK programme | iHV CEO joins CNO Strategy Stakeholder Forum and Strategy Group for Health Equity | iHV partnership with Western Sydney University to lead review of MECOSH-UK programme | iHV Mental Health Lead presents at CYP Now conference | | iHV Mental Health Lead presents at CYP Now conference | Launch of SCPHN Student section on iHV website | |
| PIMH Champions symposium, London | | | iHV Insights: Using the Family Partnership Model to support families | iHV Insights - Poverty: influencing practice | | | National launch of Burdett-funded 'Let's Talk Heart Health – Family Partnership Model' programme | | | | |

Training

This year, we have welcomed another 1,800 participants to our training events. Our fantastic facilitators create a haven from the pace of work for practitioners to make space for learning and discussion. We continue to be joined by highly skilled co-trainers and experts by experience who make our training events unique and insightful learning for all. Thank you to everyone for your contributions!

Scotland

We were really thrilled to be awarded the contract to deliver this work on behalf of the Scottish Government's PNIMH Programme Board from 2021- 2023. This year has seen us deliver the final of 12 cohorts for this important programme. As one of a range of educational initiatives identified for the whole workforce in the ambitious national programme, we were able to create almost 250 PIMH Champions across the HV and midwifery teams in all Health Boards. The Champions subsequently cascaded the training across their services, with fantastic impact and reach. Read our report [here](#).

Wales

Our PIMH training programme continues to contribute to transformation programmes in Wales. We have been pleased to work with Early Years Transformation teams in Rhondda Cynon Taf and Cyngor Sir Yns Môn (Anglesey) to share our Emotional Wellbeing Visits Champions and PIMH Champions programmes respectively with staff there. It was a delight to be back working face-to-face in these communities alongside their staff. We anticipate a return in 2024, with potential plans for our Fathers and PMH Champions programme for a further area.

Northern Ireland

This year we have enjoyed working with our colleagues in the Public Health Agency department of Health & Social Care Northern Ireland, to offer cohorts of our Emotional Wellbeing Champions to health visiting services across the Health & Social Care Trusts. We look forward to the delivery of further cohorts in early 2024.

England

As well as our ever-popular PIMH programmes, we have been delighted with the growth in our other training topics. We have seen huge interest in our Changing Conversations: Autism and Supporting Behaviour programme, our Postnatal Contraception workshops, and our flagship Leading Excellence in Practice programme this year (see more below). We have appreciated working with practitioners from a broad variety of organisations across England this year. This diversity brings richness to the training experience for all parties – see the map of our reach (virtually and now in-person too).

Leadership training

Health Education England funding of a pan-London SCPHN programme has supported the delivery of two cohorts of our Leading Excellence in Practice Programme, with a third due for delivery from January 2024. Our leadership development programme supports aspiring HVs and early team leaders to recognise and build their skills and attributes over the six-month programme.

Portugal

Our Mental Health team developed and delivered a programme of work for the Semente Programme, currently funded by the Gulbenkian Foundation, in Portugal in March 2023. We created 20 Portuguese PIMH Champions from Portuguese Primary Health Care teams in Sintra and Amadora provinces of Lisbon. International working and the associated relationships bring important networking and further learning opportunities to continue to develop our work; it also enriches our understanding of the value of iHV training programmes.

Delivery of our training portfolio in 2023



Perinatal & Infant Mental Health

22 Events 32 Training days 440 Places offered



This Mum Moves Ambassadors

9 Events 225 Places offered



Emotional Wellbeing Visits

13 Events 20 Training days 260 Places offered



Healthy Weight Healthy Nutrition

7 Events 220 Places offered



Fathers & PMH

13 Events 260 Places offered



Changing Conversations: Autism & Supporting Behaviour

4 Events 80 Places offered



LGBTQI+ People & PMH

8 Events 160 Places offered



Surviving to Thriving: Neonatal Families

2 Events 40 Places offered



Postnatal Contraception workshops

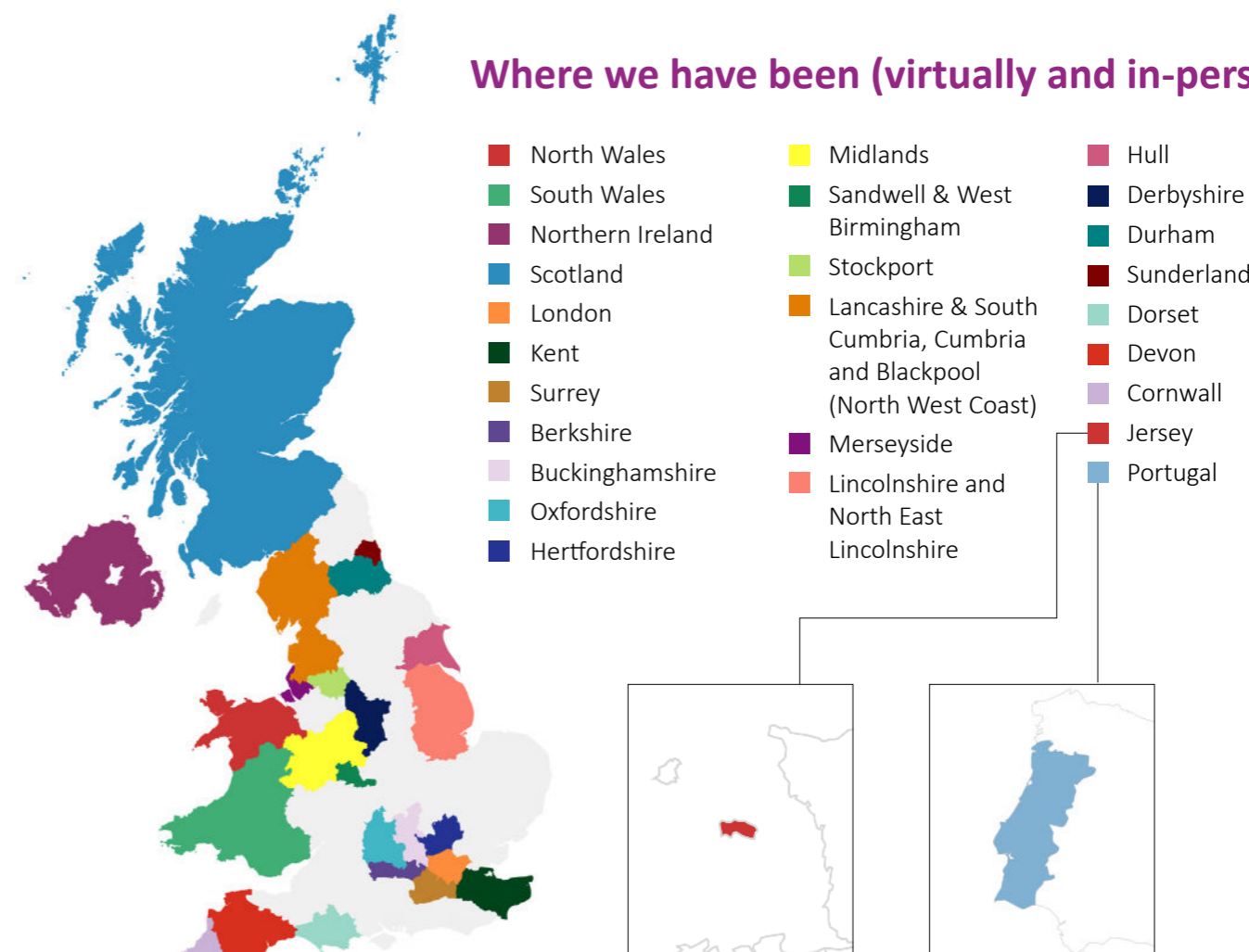
6 Events 180 Places offered



Leading Excellence in Practice

3 Cohorts 56 Places offered

Where we have been (virtually and in-person)



Professional Services and Membership

Ensuring that we listen to our members and meet their needs is a top priority for us. With health visiting facing so many changes, challenges, and opportunities, it is imperative that we remain relevant and responsive and “get it right” for our members, the health visiting workforce, and for families. To help us achieve this, we actively engage with our members through member enquiries, iHV training, forums, events and surveys. This year, in response to members’ feedback, we have:

- Maintained our individual membership price rates.
- Improved our GPP process, including more timely development and review of these valued member resources.
- Increased the breadth of our Health Visiting Advisory Forum (HVAF) membership to ensure better representation of our members. Our HVAF provides: a voice from practice to reflect the views of our members; expert professional advice and guidance; peer review and insight into practice priorities; and brings constructive challenge.
- Launched our first iHV Special Interest Group (SIG) focused on improving support for babies and children with SEND – watch this space, we hope to develop more SIGs in the future.
- In response to our growing membership and member enquiries, our team has grown this year. We now have more capacity to respond to members’ queries and improve our membership services.

iHV Insights

In 2023 we held 8 iHV Insights events.

Our member only webinars, #iHVinsights, continue to be popular events. They provide an easily accessible option for CPD covering key areas of health visiting practice.

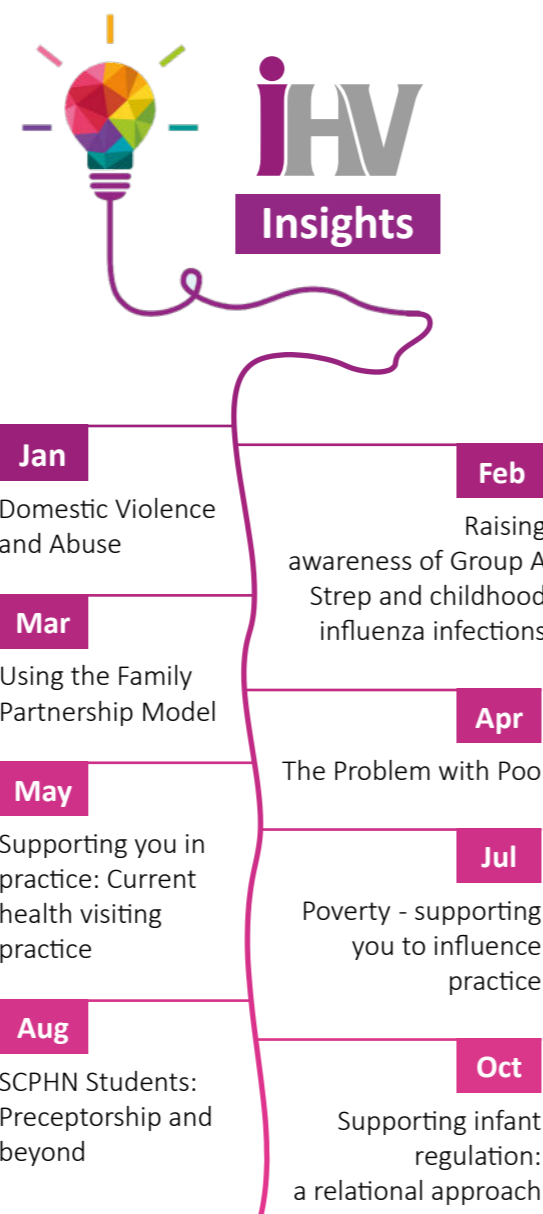
| | | |
|--|---|---|
| 99.9% | 99.4% | 98.7% |
| would attend a future iHV Insights webinar | found the information was presented at an appropriate level of learning | said these Insights would help improve their health visiting practice |

iHV Networking Events

In 2023 we held 14 events - ↑ from 8 events in 2022.

These networking events enable practitioners to feel connected, engaged and supported in their roles, to share challenges, learning, innovation, and best practice. We are very grateful and want to thank our co-chairs for these networking events who are iHV members, who shape the agenda and running of the events, and bring their knowledge and experience to share. In 2023, we held the following networking events:

- 4 Corporate Service Leads
- 2 Practice Education
- 2 Research
- 4 Retired Members
- 1 SCPHN Student Health Visitors
- 1 SEND Special Interest Group (NEW)



Corporate membership

The partnerships with our corporate member organisations are very important to us. This year we have presented at numerous corporate service events/forums, meeting over 1,000 members.

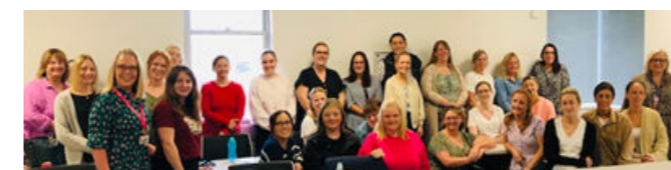
“
Thanks also for your excellent presentation. We really do value your visits to our service, as you always seem to inject much needed encouragement into our meetings and are always so supportive. It almost feels as if you are our very own dedicated iHV representative!
”
 Corporate Service Lead

“
I have thoroughly enjoyed supporting the facilitation of the Corporate Service Leads Network to become a vibrant and engaging group resource since it began in 2021. The network brings together many of the current senior leaders within health visiting from across the country providing each member with exposure to new ideas, innovation and creativity that would otherwise be difficult, if not impossible, to access individually. I have gained personal and professional development as a member. I have built new connections that have influenced service development within my own service and the privilege to support leadership isolation and thereby strengthening our collective promotion and evolution of the profession.
”
 Rhona Clover, Head of Operational Services Health Visiting, Kent Community Health NHS Foundation Trust

Engaging with SCPHN students

We have been engaging with SCPHN students at universities across the UK and have enjoyed meeting over 800 SCPHN students.

“
Thank you for your presentation, it's clear you are so passionate about what you do. I thought you really sold why health visiting is so important, stating statistics, and highlighting research with subtle critiques woven throughout. Really effectively done! It definitely made an impact and was easy to visualise whilst listening to what you were saying. I'm keen to have a more detailed look into iHV now. SCPHN Student



Amanda Holland, iHV Professional Services Lead, meeting with SCPHN students at the University of South Wales.

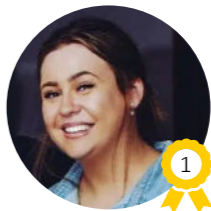



Launch of new and improved SCPHN student health visitor section of iHV website

The new and improved area of the website facilitates a space where student health visitors can access a wide range of iHV resources to meet their learning needs in theory, practice and beyond their studies.

iHV SCPHN Student Health Visitor Award 2023

This year we were thrilled to launch this new award. It was developed to celebrate new talent joining the health visitor workforce and to showcase new ideas for service provision. Students and Higher Education Institutions, who provide SCPHN education programmes, were invited to submit to the iHV Student Award 2023. The judging panel met in July 2023 to deliberate on submissions which were all a very high quality.

Huge congratulations from all at iHV to the iHV SCPHN Award 2023 winners:

| | | | |
|---|--|--|--|
|  1st Place Leonie Grundy Student Health Visitor Manchester Metropolitan University |  2nd Place Claire Black |  3rd Place Robin Williams |  3rd Place Jane Guy |
|---|--|--|--|

Our call for applications for the iHV SCPHN Student Health Visitor Award 2024 will open soon - please apply

Conferences

2023 has seen our return to in-person events grow from strength to strength! We are delighted to have hosted three hybrid conferences this year, reaching delegates across the UK and showcasing the very best of the health visiting profession. We remain committed to promoting excellence in practice, to giving health visitors a public voice, and to being a catalyst for positive change. Our conferences are spaces where we can come together, united in this vision, and leave re-energised and full of purpose.

We want to thank all our speakers, experts by lived-experience, our tech and logistics support team, and of course our delegates, without whom these events could not happen. We look forward to seeing you in 2024.

iHV Perinatal and Infant Mental Health Conference



Coming Together:
Belong, Be Curious,
Believe

Our 5th annual Perinatal and Infant Mental Health conference, took place in Manchester on **19 June** - following on from Infant Mental Health Awareness Week. With the cumulative effects of the pandemic, global instability and the cost-of-living crisis, babies and their families need high-quality mental health care now. And in a time of significant workforce challenges where for many the professional pace of life is staggering, the iHV provided a space for professionals to come together, reconnect, learn and strengthen their sense of belonging, belief and commitment to all they do.

-  **180** Attendees in-person
-  **150** Delegates online
-  **17** Speakers
-  **11** Exhibitors

iHV Evidence-based Practice Conference



Hope for the future

On **21 September**, the iHV returned to the northern powerhouse of Manchester to showcase the very best evidence and research for promoting health equity and strengthening health visiting practice. Persistent systemic inequities, such as poverty and economic disadvantage, are preventing babies, children, and families from achieving optimal health, leading to avoidable differences in health outcomes. Bringing together local, national and international experts, our delegates accessed presentations and workshops reflecting the breadth of health visiting practice, equipping them with new knowledge and skills to address these challenges through prevention and early intervention work.

-  **219** Attendees in-person
-  **69** Delegates online
-  **58** Speakers
-  **11** Exhibitors

iHV Leadership Conference



Leading in a complex world

We live and work in an ever more complex and dynamic world. The degree of change, interconnectivity, and unpredictability requires effective leadership to navigate such complexity and uncertainty. On **6 December**, iHV's annual Leadership Conference will bring together high-profile speakers, leaders, academics and practitioners to examine current and future challenges impacting the life chances of babies, children and families in the UK. Delegates will explore the latest research, policy, and practice aimed at strengthening practice and collaborative working to improve health and reduce inequalities. Most importantly, focusing on solutions and the value of health visiting.

Education and workforce

At the iHV, we recognise that access to education for the training and preparation of qualified health visitors is critical to ensuring the availability of a workforce dedicated to public health action.

In 2023, the iHV Education and Workforce stream had three overlapping priorities concerned with:

1. the nature and design of health visiting services involving skill mix teams
2. the protection of standards for education and practice through professional regulation
3. careers in health visiting.

1. Skill mix

During 2023, we published a briefing for providers and commissioners on the principles of skill mix for health visiting; summarised as 'The ABC of Skill Mix'. Read [here](#).

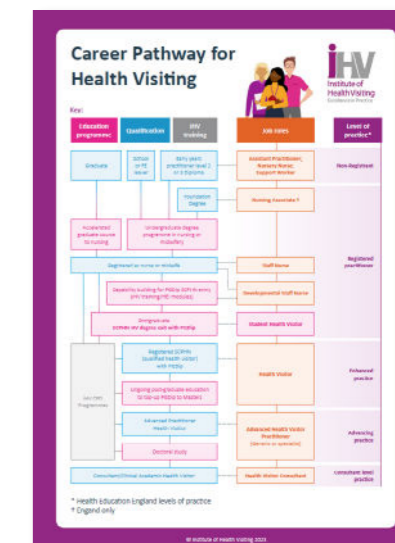


2. Regulatory review of health professionals

To prepare for the process of regulatory reform (due for the NMC in 2024), we have been working closely with other professional bodies (CPHVA, SAPHNA, RCN, RCM and UKSC) to consider the implications for SCPHNs. The iHV is promoting the need to protect the title 'health visitor' in addition to the NMC proposal to protect the title 'nurse'. We believe this is necessary for safeguarding the dedicated public health role of health visitors which relies on a skill-set and knowledge base, that is different and advanced from that required by first level nurse registration.

3. Careers

We have pieced together steps for a career in health visiting, set against different levels of practice in a career pathway. This recognises the contributions of registrants and non-registrants, as well as the opportunity that education can offer to workforce expansion and retention. A feature of which is the inclusion of Advanced Practice roles for health visitors, endorsed by a UK-wide iHV working group. Read [here](#).



Events

Our Practice Education Networking events focus on health visitor education and workforce issues. These are co-chaired by iHV practitioner members, involve guest speakers, and are popular - with around 50 people attending each event, comprising practitioners, academics and students.



of attendees reported that they are useful for supporting professional practice

Publications

Our Good Practice Points and Parent Tips remain the most popular and used iHV resources on our website, as shown in our website analytics and confirmed by our annual survey.

We have implemented a new process to support the co-production of these evidence-based resources, and we add new topics continually to support health visiting practice and our various workstreams.

Huge thanks to everyone who has contributed to the co-production of these valuable resources.

This year we have published:



18 Good Practice Points for Health Visitors resources

- Babies and very young children with eating, drinking and swallowing difficulties
- Emotional wellbeing at work 1
- Emotional wellbeing at work 2
- Supporting parents to recognise sepsis
- Working with birth trauma
- An introduction to genomics for health visitors
- Strengthening parent-infant relationships
- Advocating the use of vitamin D
- An introduction to food allergies
- Duchenne Muscular Dystrophy – recognition, diagnosis, and clinical care
- Keeping infants and young children safe around dogs in the home
- Postpartum psychosis
- Promoting the uptake of childhood immunisations
- Recognition and management of Hyperemesis Gravidarum
- Supporting good practice with toilet training
- Umbilical granuloma
- Working with prisoners’ families
- Supporting families following a traumatic event

12 Parent Tips resources

- Supporting the feeding of babies and children (0-18 months) with eating, drinking and swallowing difficulties
- Recognising sepsis in a child
- Getting to know your baby
- Spotting the signs and symptoms of childhood cancer
- Supporting your child to stop using bottles and dummies
- Childhood Immunisation Part 1: An introduction to childhood immunisations
- Childhood Immunisation Part 2: Frequently asked questions
- Hyperglycaemia
- Looking after your children’s teeth
- Toilet training
- Vitamin A, C and D – What are they and why do children and babies need them?
- Supporting children and young people after a traumatic event

Media

Our media work helps to raise the profile of health visiting. 2023 has been the iHV’s best year for high level media coverage ever! We use a variety of formats in the media to showcase the vital role of health visitors, including print, TV and radio interviews as well as creating our own films! We would like to express a heartfelt thank you to all the health visitors, service leads and families who have supported us this year with our media work.

Some media highlights of the year include:

- Channel 5 news item and lots of coverage on our annual survey report – in January
- Annual survey coverage continued into February which was also boosted by a news item from the NSPCC on the shortage of health visitors
- June was a particularly busy month regarding the media, due to the work and film on health visiting by Her Royal Highness The Princess of Wales and The Royal Foundation Centre for Early Childhood. This included: a piece on BBC The One Show; radio interviews on BBC CWR; amazing coverage in magazines such Hello! and Vanity Fair; plus mentions in many of the mainstream daily national newspapers.
- News item on health visiting on BBC South West News in September
- Read more [here](#)

Shining a spotlight on health visiting through film

As health visitors often work alone, or in small teams in families’ homes, their work is often hidden and it’s easy to overlook how important it is. To make the work of health visitors more visible, the iHV launched two short films, “Health Visiting in your Community” and “Voices from Practice”. The films were shot on location in multiple sites across the UK. They capture a few short minutes of health visitors in their working day, visiting babies, young children and families in their own homes and community settings to deliver a diverse range of care and support. Parents tell their own stories of the unforgettable difference that their health visitor made – health visitors were there when they needed them most. We are very grateful to the parents who shared their experiences so generously and the health visitors who are all a credit to our wonderful profession. Watch [here](#).



The films received widespread endorsement from all four Chief Nursing Officers in the UK nations.



This film highlights the important and unique role of health visitors. As specialist community public health nurses, they use their expertise to provide invaluable support to families, babies and children at such a significant time in their lives, while also carrying out crucial work in health promotion and reducing inequalities.

Dame Ruth May, Chief Nursing Officer England

Watch this space for our new iHV film

We are currently creating a new film to highlight the vital role of health visitors in supporting families in managing their children’s minor illnesses at home. This film is part of a wider commissioned piece of work exploring the changing trend and soaring Emergency Department (ED) presentations for children aged 0-4 years.

This film highlights how health visitors are an important part of the solution, providing vital support to families to manage minor childhood illnesses. Building more hospitals is only part of the solution - we need better support for families in the heart of communities.

The film includes exclusive interviews with Mitch Blair - Emeritus Professor of Paediatrics and Child Public Health, Alison Morton – iHV CEO, health visitors and community practitioners, and families. The film will be launched at our Leadership Conference on 6 December 2023!

Our year in numbers 2022 - 2023

| | |
|---|---|
| <h3>Media</h3> <ul style="list-style-type: none"> 17k X (Twitter) followers 12 Member newsletters 12.6k Facebook followers 476k Webviews | <h3>Mental Health</h3> <ul style="list-style-type: none"> 3 Meetings of the Specialist Health Visitor PIMH Group 4 Place-based Learning Events for Scottish PIMH Champions 4 Multi-professional PIMH Forums hosted by each UK nation 4,500 PIMH Champions Trained to date |
| <h3>Publications</h3> <ul style="list-style-type: none"> 18 New Good Practice Points 12 New Parent Tips | <h3>Innovative Projects</h3> <ul style="list-style-type: none"> 107 New Healthy Weight, Healthy Nutrition Champions and Ambassadors 155 Trained on the Let's Talk Heart Health Programme 10 Professional co-design workshops 7 Parent co-design workshops 2 Community of Research Practice events with 103 attendees |
| <h3>Member Services</h3> <ul style="list-style-type: none"> 8 iHV Insights events with over 900 member attendees 14 iHV Networking events with over 350 member attendees 3 Hybrid Conferences Delivered corporate presentation to over 1,000 members Met over 800 SCPHN Students 750 Enquiries answered | <h3>Training</h3> <ul style="list-style-type: none"> 1.8k Training places offered 19 Hosted Training events accessed by individual practitioners 28 Champions Training events 17 Ambassador Training events |

What you tell us...

| | |
|---|--|
| <h3>Member Benefit Events</h3> <ul style="list-style-type: none"> <i>These groups are really useful to network and feel supported and receive up-to-date information. Thank you!</i> iHV Networking Event attendee <i>This session was amazing, I have learnt so much today.</i> iHV Insights Event attendee | <h3>Projects</h3> <ul style="list-style-type: none"> <i>Having information about up-to-date research regarding HWHN has been helpful to ensure my practice remains evidence-based. Knowing I can get all the information from one place is super helpful to prevent time wasting which is very important in the health visitor's role.</i> Healthy Weight, Healthy Nutrition Champion |
| <h3>Training</h3> <ul style="list-style-type: none"> <i>There was a good range of teaching method and the breakout rooms facilitated lots of interesting discussion. It was also interesting to network with services from other geographical areas to gain insight into different models and approaches used. Lived experience content was very informative and powerful.</i> Fathers and Perinatal Mental Health Champion <i>The resources and delivery of the training by the facilitators worked as a great example in how to approach the delivery of the training/cascading amongst colleagues.</i> Perinatal and Infant Mental Health Champion <i>Some of the best training I have done. High quality information, great delivery and engagement of participants.</i> Emotional Wellbeing Visits Champion | <h3>Corporate membership</h3> <ul style="list-style-type: none"> <i>Lovely to meet you again yesterday, thank you for a great, inspirational talk and all you do for Health Visiting profession.</i> |
| | <h3>Conferences</h3> <ul style="list-style-type: none"> <i>We travelled a long way to the conference but it was worth every hour to talk to others from all over the country, share ideas and good practice and also know we are all in it together, improving families lives.</i> iHV Evidence-based Practice Conference In-person Delegate <i>The best online conference experience I have had to date - all speakers were excellent and engaging. I was left feeling that I had learnt so much and can apply this knowledge to my practice and also share with colleagues. Truly inspiring and I was left feeling energised by the whole conference day. Thank you so much.</i> iHV PIMH Conference Online Delegate |

“Health visiting is the backbone of early years services across the UK...the ‘safety net’ around all families”

UNICEF UK, 2022



Institute of Health Visiting

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